

HEALTH AND HERBS

ORDER FORM

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***Please note that all products are available in our pre-packaged sizes as well as bulk sizes. All products are also available in powders if requested.**

<u>GENERAL</u>	<u>CODE</u>	<u>LATIN</u>	<u>GRAMS IN A BOX</u>	<u>NO. OF BOXES</u>	<u>NO. OF KILOS</u>
Agrimony Herb Cut	HAGR	Agrimonia Eupatoria	75g		
African Potato	HAFR	Hypoxis Rooperi	100g		
Alfalfa Herb Cut	HALF	Medicago Sativa	75g		
Aloe Vera	HALL	Aloe Barbadensis	50g		
Aloe Vera Ground	HALG	Aloe Barbadensis	50g		
Aniseed	HANI	Pimpinella Anisum	100g		
Angelica Root Cut	HANG	Angelica Archangelica	100g		
Arnica Flowers	HARN	Arnica Montana	50g		
Arrow Root Powder	HARR	Maranta Arundinacea	75g		
Astragalus Root Cut	HAST	Astragalus Membranaceus	75g		
Balm (Lemon)	HBAL	Melissa Officinalis	60g		
Barberry Bark Crushed	HBER	Berberis Vulgaris	75g		
Basil	HBAS	Origanum Basilicum	100g		
Bearberry	HBEAR	Arctostaphylos Uva Ursi	100g		
Beanpods/Shells	HBEAN	Phaseolus Vulgaris	50g		
Bedstraw Cut / Cleavers	HBED	Galium Aparine	75g		
Billberries / Blueberries	HBIL	Vaccinium Myrtillus	100g		
Billberry Leaves	HBILL	Vaccinium Myrtillus	60g		
Birch Leaves Cut	HBIR	Betula Alba	75g		
Black Cohosh	HBLAC	Cimicifuga Racemosa	75g		
Bladderwrack Cut	HBLAW	Fucus Vesiculous	100g		
Boldo Leaves Cut	HBOL	Peumus Boldus	100g		
Borage Herb Cut	HBOR	Borago Officinalis	75g		
Buchu Leaves Cut	HBUC	Agathosma Betulina	60g		
Burdock Root Cut	HBUR	Arctium Lappa	75g		
Broom (Butchers)	HBRO	Ruscus Aculeatis	75g		

Herb Cut					
Butterbur Root Cut	HBUT	Petasites Hybridus	100g		
Calamus Root Cut / Sweet Flag	HCAL	Acorus Calamus	100g		
Catnip Herb Cut	HCAI	Nepeta Cataria	75g		
Cancerbush Herb Cut	HCAAn	Sutherlandia Frutescens	75g		
Caraway Seed	HCAR	Carum Carvi	100g		
Cayenne Pepper	HCAI	Capsicum Anuum	100g		
Celery Seed	HCEL	Apium Graveolens	100g		
Centauray Herb Cut / Feverwort	HCEN	Centaurium Erythraea	100g		
Chamomile Flowers	HCHMF	Matricaria Recutita	75g		
Chaste tree Berries	HCHAS	Vitex Agnus-castus	75g		
Chickweed Herb Cut	HCHI	Stellaria Media	75g		
Cinnamon Ground	HCIN	Cinnamoman Zylanicum/Cassia	100g		
Coltsfoot Leaves Cut	HCOLL	Tussilago Farfara	75g		
Couchgrass Herb Cut	HCOU	Agropyron Repens	100g		
Cowslip / Primrose	HCOW	Primula Vulgaris	75g		
Dandelion Herb Cut	HDANH	Taraxacum Officinale	75g		
Dandelion Root Cut	HDANR	Taraxacum Officinale	100g		
Devils Claw Powder	HDEVP	Harpagophytum Procumbens	100g		
Devils Claw Slices	HDEV	Harpagophytum Procumbens	100g		
Echinacea Herb Cut	HECH	Echinacea Purp Herb	50g		
Echinacea Root Cut	HECHR	Echinacea Purp Radix	50g		
Elder Berries	HELDB	Sambucus Nigra	100g		
Elder Flowers	HELDF	Sambucus Nigra	75g		
Elder Leaves	HELDL	Sambucus Nigra	75g		
Elecampane Root Cut	HELC	Inula Helenium	75g		
Eyebright Herb Cut	HEYE	Euphrasia Stricta	75g		
Fennel Seed	HFEN	Foeniculum Vulgare	100g		
Feverfew Herb Cut	HVEW	Tanacetum Parthenium	75g		
Fenugreek Seed	HFEO	Trigonella Foenum-graecum	100g		
Frangula Bark (Buckthorn)	HFRA	Rhamnus Frangula	100g		
Fumitory Herb Cut	HFUM	Fumaria Officinalis	100g		
Ginger Powder	HGI	Zingiber Officinale	100g		
Ginkgo Leaves / Maidenhair Tree	HGING	Ginkgo Biloba	60g		
Gentian Root Powder	HGEN	Gentiana Lutea	100g		
Ginseng (Siberian)	HGIN	Eleutherococcus	50g		

Root Cut		Senticosus			
Goldenseal Herb PW	HGOLDS	Hydrastis Canadensis	50g		
Golden Rod Cut	HGOLD	Solidago Virgaurea	100g		
Greater Celandine	HGREA	Chelidonium Majus	100g		
Green Tea Leaves Cut	HGREE	Camillia Sinensis	100g		
Hawthorn Berries	HHAWB	Crataegus Laevigata	50g		
Hawthorn Leaves/Flowers	HHAWL	Crataegus Laevigata	75g		
Henna / Alkaner	HHEN	Cassia Obovata	100g		
Henna Black	HHEB	Indigofera Tintoria	75g		
Henna Red	HHER	Lawsonia Inermis	100g		
Hibiscus Flowers	HHIB	Hibiscus Rosa-sinensis	100g		
Hops	HHOP	Humulus Lupulus	40g		
Horseradish Root Cut	HHRH	Armoracia Rusticana	100g		
Holy Thistle Cut	HHOL	Cnicus Benedictus	75g		
Horehound Herb Cut	HHRH	Marrubium Vulgare	75g		
Horsetail Herb Cut	HHOR	Equisetum Arvense	75g		
Hyssop Herb Cut	HHYS	Hyssopus Officinalis	75g		
Hydrocotyle /Gotu Kola/ Pennywort	HHYD	Centella Asiatica	75g		
Indian Corn/ Cornsilk	HIND	Zea Mays (maidis stigma)	50g		
Iceland Moss	HISL	Centraria Islandica	50g		
Iris Moss Cut	HIRS	Chondrus Crispus	100g		
Jasmine	HJAs	Jasminum Officinalis	60g		
Juniper Berries	HJUN	Juniperus Communis	75g		
Lady's Mantle Cut	HLAD	Alchemilla Millefolium	60g		
Lavender Blossoms	HLAV	Lavandula Officinalis	75g		
Lemongrass Cut	HLEM	Cymbopogon Citratus	75g		
Lemon Verbena Herb Cut	HLEMV	Aloysia Triphylla	75g		
Lime Blossom Cut	HLIM	Tilia Cordata	75g		
Lungwort Herb Cut	HLUN	Pulmonaria Officinalis	60g		
Liquorice Root Sticks Cut	HLIQ	Glycyrrhiza Glabra	100g		
Liquorice Root Powder	HLIQPOW	Glycyrrhiza Glabra	100g		
Lobelia	HLOB	Lobelia Inflata	75g		
Lycopodium / Clubmoss	HLYC	Lycopodium Clavatum	75g		
Mallow Leaves Cut	HMALL	Malva Sylvestris	75g		
Marigold / Calendula Flowers	HMARF	Calendula Officinalis	50g		
Meadowsweet	HMEA	Filipendula Ulmaria	100g		
Marjoram / Oregano	HMAJ	Origanum Majorana	75g		
Marshmallow Leaves	HMARSL	Althaea Officinalis	60g		

Marshmallow Root	HMARS	Althaea Officinalis	75g		
Mugwort	HMUG	Artemisia Vulgaris	75g		
Mate Tea	HMAT	Ilex Paraguariensis	100g		
Mullein Flowers	HMUL	Verbascum Thapsus	50g		
Mustard Seed Yellow	HMUS	Brassica Alba	100g		
Mustard Seed Black	HMUB	Brassica Nigra	100g		
Milkthistle Herb Cut	HMLK	Silybum Marianum	60g		
Mistletoe Cut	HMIS	Viscum Album	100g		
Myrrh	HMYR	Commiphora Myrrha	100g		
Motherwort Herb Cut	HMOT	Leonurus Cardiaca	100g		
Moringa Herb Powder	HMOR	Moringa Oleifera	100g		
Nettle Herb Cut (Stinging)	HNET	Urtica Dioica	60g		
Nettle Root Cut (Stinging)	HNETR	Urtica Dioica	75g		
Oakbark	HOAK	Quercus Alba	100g		
Oatstraw	HOAT	Avena Sativa	50g		
Olive Leaf Cut	HOLI	Olea Europaea	75g		
Oris Root Powder	HORI	Iris Germanica	100g		
Pansy / Heartsease Herb Cut	HPAN	Viola Tricolora	75g		
Parsley Leaves Cut	HPAR	Petroselinum Crispum	75g		
Passion Flower Herb Cut	HPASS	Passiflora Incarnata	75g		
Pau D Arco / Lapacho	HLA	Tabebuia Impertiginosa	100g		
Peppermint Leaves	HPEP	Mentha Piperita	60g		
Plantain Leaves	HPLA	Plantago Major	75g		
Pokeroot Cut	HPO	Phytolacca Decandra	100g		
Psyllium Seed	HPSY	Plantago Ovata	100g		
Quassia Chips	HQUA	Quassia Amara	100g		
Ramsons / Wild Leek	HRAM	Allium Ursinum	75g		
Raspberry Leaves	HRAS	Rubus Idaeus	75g		
Red Clover	HRED	Trifolium Pratense	60g		
Rest Harrow Root	HRES	Ononis Spinosa	100g		
Rhubarb Root	HRHU	Rhei Radix	100g		
Rosehip	HROSH	Rosa Canina	100g		
Rosemary	HROSM	Rosmarinus Officinalis	100g		
Rue Herb Cut	HRUE	Ruta Graveolens	100g		
Sarsaparilla Root	HSAR	Smilax Species	75g		
Saw Palmetto Berries	HSAW	Serenoa Repens	75g		
Scullcap Herb	HSCU	Scutellaria Lateriflora	75g		
Sage Leaves	HSAG	Salvia Officinalis	75g		
Senna Pods	HSENPO	Cassia Angustifolia	100g		
Senna Leaves	HSEN	Cassia Angustifolia	100g		
Senna Powder	HSENP	Cassia Angustifolia	100g		
Shepard's Purse	HSHE	Capsella Bursa-pastoris	75g		

Slippery Elm Powder	HSLI	Ulmus Rubra	100g		
Spearmint	HSPI	Mentha CrispaSpicata	75g		
Strawberry Leaves	HSTR	Fragaria Vesca	40g		
St John's Wort Cut	HSTW	Hypericum Perforatum	75g		
Swedishbitter Small	HSWH	11 Herbs	195g		
Swedishbitter Large	HSWL	19 Herbs	100g		
Tansy Herb Cut	HTAN	Tanacetum Vulgare	60g		
Thyme	HTHY	Thymus Vulgaris	100g		
Tumeric Powder	HTUM	Curcuma Longa	100g		
Vervain Herb	HVER	Verbena Officinalis	75g		
Veronica Speedwell	HVERS	Veronica Officinalis	75g		
Valerian Root	HVAL	Valeriana Officinalis	100g		
Walnut Leaves Cut (Black)	HWALL	Juglans Regia	75g		
Walnut Shells (Black)	HWALS	Juglans Regia	75g		
Wild Chicory Herb	HWILD	Cichorium intybus	75g		
Wild Yam Root Cut	HWILDY	Dioscorea Villosa	100g		
Witch Hazel Leaves	HWIT	Hamamelis Virginiana	100g		
Willow Bark (White)	HWILB	Salix Alba	100g		
Willow Herb Small Flower	HWILS	Herba Epilobium	100g		
Wood Betony	HWOB	Stachys / Betonica	75g		
Wormwood Cut	HWOR	Artemisia Absinthium	100g		
Yarrow	HYAR	Achillea Millefolium	100g		
Yellow Dock Root	HYEL	Rumex Crispus	75g		
<u>TEAS IN TEA BAGS</u>				<u>NO. OF BOXES</u>	
Chamomile	HCA	25 tea bags			
Nettle (stinging)	HNE	25 tea bags			
Peppermint	HPE	25 tea bags			
Comfrey (Alkaloid free)	HCO	25 tea bags			
<u>OTHER</u>					
Cranberry Juice Concentrate	HCRAN	-			
Natural Brown Rice	HHBRIC	-			

AIM PRODUCT LINE IS NOW ALSO AVAILABLE ON ORDER THROUGH HEALTH AND HERBS. PLEASE SEND THROUGH ENQUIRIES. PRODUCTS NOT ON LIST MAY BE SOURCED ON REQUEST.